

Price list '26–27

Effective from 1st October 2026



Everyday Living: Hourly rate

Service Type	Weekdays (7:00 AM - 7:00 PM)	Weekdays After Hours (7:00 PM - 7:00 AM)	Saturday	Sunday
- Domestic Assistance - Meal Preparation	\$84	\$91.35	\$108.15 (7:00 AM - 7:00 PM) \$115.50 (7:00 PM - 7:00 AM)	\$131.25 (7:00 AM - 7:00 PM) \$138.60 (7:00 PM - 7:00 AM)
Shopping Assistance				
<= 10 kms	\$89.25	\$96.60	\$115.50	\$141.75
11 kms - 30 kms	\$99.75	\$107.10	\$126	\$152.25
31 kms - 50 kms	\$110.25	\$117.60	\$136.50	\$162.75
>= 51 kms	As per quote			
Gardening, Home Maintenance	\$107.25 for all days			

Independence: Hourly rate

Service Type	Weekdays (7:00 AM - 7:00 PM)	Weekdays After Hours (7:00 PM - 7:00 AM)	Saturday	Sunday
Personal Care	\$89.25	\$96.60	\$115.50 (7:00 AM - 7:00 PM) \$122.85 (7:00 PM - 7:00 AM)	\$141.75 (7:00 AM - 7:00 PM) \$151.20 (7:00 PM - 7:00 AM)
Social Support Respite Care Transport Care <= 10 kms	\$89.25	\$96.60	\$115.50 (7:00 AM - 7:00 PM) \$122.85 (7:00 PM - 7:00 AM)	\$141.75 (7:00 AM - 7:00 PM) \$151.20 (7:00 PM - 7:00 AM)
11 kms - 30 kms	\$99.75	\$107.10	\$126 (7:00 AM - 7:00 PM) \$134.40 (7:00 PM - 7:00 AM)	\$152.25 (7:00 AM - 7:00 PM) \$161.70 (7:00 PM - 7:00 AM)
31 kms - 50 kms	\$110.25	\$117.60	\$136.50 (7:00 AM - 7:00 PM) \$145.95 (7:00 PM - 7:00 AM)	\$162.75 (7:00 AM - 7:00 PM) \$172.20 (7:00 PM - 7:00 AM)
>= 51 kms	As per quote			

Clinical (Hourly rate)

Service Type	Weekdays (7:00 AM - 7:00 PM)	Weekdays After Hours (7:00 PM - 7:00 AM)	Saturday	Sunday
Personal Care	\$89.25	\$96.60	\$115.50 (7:00 AM - 7:00 PM) \$122.85 (7:00 PM - 7:00 AM)	\$141.75 (7:00 AM - 7:00 PM) \$151.20 (7:00 PM - 7:00 AM)

Service Type	Weekdays	Saturday	Sunday
Nursing Care (EN)	\$155	\$175	\$195
Physiotherapy	\$220 for all days		
OT (Occupational therapy)	\$220 for all days		

Other Services

Service Type	Cost
Gutter Cleaning	As per quote

Terms and Conditions



Minimum service duration:

- **1 hour** for weekly or daily services (subject to location) .
- **1.5 hours** minimum for Domestic services.
- **1.5 hours** minimum for gardening and home maintenance (material including tip fees are in addition to the hourly rate).

Cancellation Policy:

- At least **24 hours'** notice is required to avoid surcharges.
- Less than **24 hours'** notice incurs full booking charge.

Public Holidays: 100% surcharge applies.

Care Management: charged at *\$135 an hour*.

Restorative Care Management: charged at *\$185 an hour*.

ATHM administration fee applicable on all ATHM invoices:

- Assistive Technology Administration Fee cap: 10% tidal cost, or upto \$500 (which is lower)
- Home Modification Administration Fee cap: 15% of the quoted costs or upto \$1,500 (which is lower)

GST is not applicable to the above services under Support at Home unless specified.

Overnight or 24 hours care: Please contact our team at 1300 297 731.

at your *doorstep.*

ABN 12602956114

My Help Pty Ltd

Suite 106/530

Little Collins St

Melbourne VIC 3000

Contact

T: 1300 297 731

info@myhelpservices.com.au

myhelpservices.com.au