

Support At Home

Price list '26–27

Effective from 1st October 2026



Independence: Hourly rate

Service Type	Weekdays (7:00 AM - 7:00 PM)	Weekdays After Hours (7:00 PM - 7:00 AM)	Saturday	Sunday
In Home Respite	\$89.25	\$96.60	\$115.50 (7:00 AM - 7:00 PM) \$122.85 (7:00 PM - 7:00 AM)	\$141.75 (7:00 AM - 7:00 PM) \$151.20 (7:00 PM - 7:00 AM)
Social Support Transport Care				
• <= 10 kms	\$89.25	\$96.60	\$115.50 (7:00 AM - 7:00 PM) \$122.85 (7:00 PM - 7:00 AM)	\$141.75 (7:00 AM - 7:00 PM) \$151.20 (7:00 PM - 7:00 AM)
• 11 kms - 30 kms	\$99.75	\$107.10	\$126 (7:00 AM - 7:00 PM) \$134.40 (7:00 PM - 7:00 AM)	\$152.25 (7:00 AM - 7:00 PM) \$161.70 (7:00 PM - 7:00 AM)
• 31 kms - 50 kms	\$110.25	\$117.60	\$136.50 (7:00 AM - 7:00 PM) \$145.95 (7:00 PM - 7:00 AM)	\$162.75 (7:00 AM - 7:00 PM) \$172.20 (7:00 PM - 7:00 AM)
• >= 51 kms	As per quote			

Everyday Living: Hourly rate

Service Type	Weekdays (7:00 AM - 7:00 PM)	Weekdays After Hours (7:00 PM - 7:00 AM)	Saturday	Sunday
• Domestic Assistance • Meal Preparation	\$84	\$91.35	\$108.15 (7:00 AM - 7:00 PM) \$115.50 (7:00 PM - 7:00 AM)	\$131.25 (7:00 AM - 7:00 PM) \$138.60 (7:00 PM - 7:00 AM)
Shopping Assistance				
• <= 10 kms	\$89.25	\$96.60	\$115.50	\$141.75
• 11 kms - 30 kms	\$99.75	\$107.10	\$126	\$152.25
• 31 kms - 50 kms	\$110.25	\$117.60	\$136.50	\$162.75
• >= 51 kms	As per quote			
Gardening, Home Maintenance	\$97.5 + GST for all days			

Clinical (Hourly rate)

Service Type	Weekdays (7:00 AM - 7:00 PM)	Weekdays After Hours (7:00 PM - 7:00 AM)	Saturday	Sunday
Personal Care	\$89.25	\$96.60	\$115.50 (7:00 AM - 7:00 PM) \$122.85 (7:00 PM - 7:00 AM)	\$141.75 (7:00 AM - 7:00 PM) \$151.20 (7:00 PM - 7:00 AM)

Service Type	Weekdays	Saturday	Sunday
Nursing Care (EN)	\$155	\$175	\$195
Physiotherapy	\$220 for all days		
OT (Occupational therapy)	\$220 for all days		

Other Services

Service Type	Cost (Excludes GST)
Professional cleaning	\$97.5/hr
Spring cleaning	\$97.5/hr
Gutter cleaning	As per quote
Window cleaning	As per quote
Deep cleaning	As per quote
High pressure wash cleaning	As per quote
Carpet Steam cleaning	As per quote
Oven cleaning	As per quote

Terms and Conditions



Minimum service duration:

- **1 hour** for weekly or daily services (subject to location) .
- **1.5 hours** minimum for Domestic services.
- **1.5 hours** minimum for gardening and home maintenance (material including tip fees are in addition to the hourly rate).

Cancellation Policy:

- At least **24 hours'** notice is required to avoid surcharges.
- Less than **24 hours'** notice incurs full booking charge.

Public Holidays: 100% surcharge applies.

Care Management: charged at \$135 an hour.

Clinical care Management at \$180 per hour.

ATHM administration fee applicable on all ATHM invoices:

- Assistive Technology Administration Fee cap: 10% tidal cost, or upto \$500 (which is lower)
- Home Modification Administration Fee cap: 15% of the quoted costs or upto \$1,500 (which is lower)

GST is not applicable to the above services under Support at Home unless specified.

Overnight or 24 hours care: Please contact our team at 1300 297 731.

at your *doorstep.*

ABN 12602956114

My Help Pty Ltd

Suite 106/530

Little Collins St

Melbourne VIC 3000

Contact

T: 1300 297 731

info@myhelpservices.com.au

myhelpservices.com.au